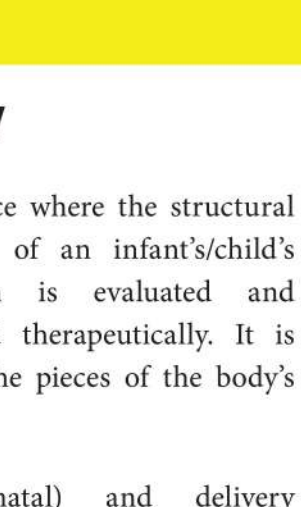




# Kids' Korner™

SPECIALIZING IN THERAPY FOR INFANTS & CHILDREN

**Getting them  
off to a great  
start in life**



**Promoting  
wellness through  
structure-function  
balance**

[KIDSKORNERBOWEN.COM](http://KIDSKORNERBOWEN.COM)

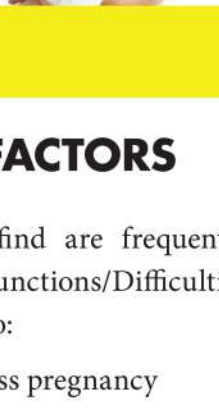
## AN OVERVIEW

Kids' Korner™ is a place where the structural and functional aspects of an infant's/child's musculoskeletal system is evaluated and problems are addressed therapeutically. It is literally a "refitting of the pieces of the body's structure and function."

Many in-utero (prenatal) and delivery circumstances can produce excessive tension in the muscles of a child's head, neck, back, and limbs. This increased tension translates into muscle congestion that pulls the structure out of its ideal functional position. This can require extra physical energy, muscle adaptation and creative positioning assistance to accomplish otherwise normal function.

Some *Examples* of Dysfunctions/Difficulties:

- Breastfeeding/nursing problems
- Fussiness, irritability, and restlessness
- Colic-like behaviors
- Unusual crawling, walking, and movement patterns
- Developmental delays
- Bruxism (grinding and other jaw-related issues)



## PREDISPOSING FACTORS

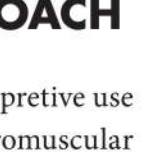
Common factors that we find are frequently associated with these Dysfunctions/Difficulties include, but are not limited to:

- Complicated or high-stress pregnancy
- Prolonged or complicated labor
- Precipitous (too fast) labor
- Early engagement of fetal position prior to labor onset
- Cesarean section
- Pitocin or hormonal labor stimulation
- Epidural administration
- Head traction or external extraction with delivery
- Low amniotic fluid levels/space

## ASSESSMENT/REFERRAL

The insidious nature of these dysfunctions and difficulties is that they are rarely prominent or visible at birth, but appear within hours or days post delivery. Rarely, it appears as late as the school age years. The earliest clues can be breastfeeding/nursing difficulties. These are often noted and referrals are made by lactation consultants, mid-wives, and other health care practitioners in

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the early postnatal period. Proper assessment of the muscle tension that can produce these dysfunctions is essential. With proper evaluation to correct this increased tension, "restoration of functional design" can be accomplished.

## A THERAPEUTIC APPROACH

Functional Bowen™ Therapy is an interpretive use of Thomas A. Bowen's cross-fiber neuromuscular technique.

Thomas A. Bowen was an Australian Osteopath whose documented successes over the life of his practice brought hope and improved health through applying the body's innate healing resources.

This integrated technique used on infants and children has the potential to increase the body's immune system response through reducing muscle tension and associated nerve entrapment. Promoting nervous system relaxation and improved nerve pathways improves communication which supports normal structural function. This allows the body to regulate its own homeostatic processes more efficiently, as it was designed. As a result, health and wellness is promoted, as well as restoration of normal function.

## THE PROCESS

We are available to evaluate your child for muscle tension and the related dysfunction they may be experiencing. If the child is found to have true neuromuscular tension, you will be offered one or more therapy services for your child, designed to reduce or alleviate this tension. The initial evaluation is one hour in length and includes a postural evaluation, health/birth history, and a trial of corrective therapy using this integrated approach. Additional sessions are thirty minutes in length.

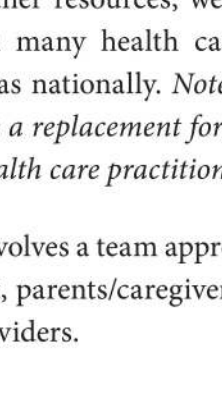
Correction of the muscular tension often reduces/resolves the problem they are experiencing. At times there is more to the issue than we are able to correct muscularly. If further referral or follow up is needed to other resources, we will assist you. We work with many health care professionals locally as well as nationally. *Note, this therapy is not intended as a replacement for the care of your physician or health care practitioner.*

This process involves a team approach on the part of the therapist, parents/caregivers, and referring health care providers.

Active range of motion exercises, hydrotherapy, and positional activities are routinely assigned. Appointments are scheduled according to therapist and facility availability. We look forward to assisting your child on his/her path to structural health and well-being.

**KIDSKORNERBOWEN.COM**

Functional Mobility Therapy



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Centrally Located at

4731 El Camino Avenue

Carmichael, CA 95608

**For an Appointment with a  
Certified Pediatric Bowen Specialist™  
Please Call**

**(916) 834-1711**

**Member: Society of Pediatric Nurses**